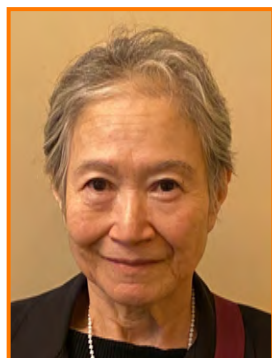


Acknowledging Our Supporters
Thank you very much!

Welcome to Kokoro !
We're Glad You're Here!!



Sumako Helen Takeshita



Patricia Junko Andrews

Alicia Toyooka
Amy Hanamoto
Arthur Yasuda
Carl Zlatchin
Cecilia Lam
Claire Okuyama
Dartslive USA
Diane Suda
Donald Cheng
Doug Nomura
Eiko Aoko
Eileen Fujii
Emiko Ogawa
Helen Matoi
Hiroshi & Janice Fukuda
Hisako "Peko" Yamaguchi
& Hamilton Singing Group
Ikuko Kunisaki
Ikuko Satoda
Jack Dairiki
Japanese American Religious Federation
Jerry & Eleanor Osumi
Jerry Sullivan
Joan Henricks
Joe Rickson
John Thompson
June Pramualphol
Junko Top
Katsunobu Yamabata
Keiko Akashi
Keith & Priscila Kojimoto

Ken & Kay Onishi
Larry Lau
Larry Won
Larry & Vickie Yamaoka
Laverne & Helen Sasaki
Marie Larsen
Mark & Carol Rickman
Mary Lau
Masao & Setsuko Handa
Mayuko Irvine
Mayumi Wada
Noriko Kashiwabara
Paul & Joan Fujii
Preston Tom
Richard Okamura
Robert & Delphine Obana
Robert & Susan Yoshioka
Sara Matsuzaki
Scott Blalock
Scott Nakamura
Seiji & Nancy Suzuki
Sharon Hasegawa
Shoko & Yoshie Hikage
SPCA, Animal Assisted Therapy Program
Steve Sakai
Sumi Suda
Sumiko Nakamura
Sunny Otsuka
Tes & Nancy Okano
Thomas & Karen Morioka
Wilson Tang & Sharon Yow
Yoko Asano
Yumi Takahashi



Employee of the Month
~
Mandy Pang
January 2020

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San Francisco, CA 94109
Phone: 415-776-8066
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www.kokoroassistedliving.org



February 2020

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- **Animal of the Month**
- **Events and Activities**
- **Meetings with Senior Staff**

Page 4

- **Employee of the Month**
- **Acknowledging Our Supporters**

Created by Yukie Kato



Stoat

オコジョ
Okojo

Animal of the Month



Inside Kokoro

Celebrating the New Year

The Kokoro residents got off their 2020 to a good start! Our famous osechi cuisine was served on the new year's day luncheon. The residents and families enjoyed the beautifully arranged osechi ryori praying for good health. Big thank you to Taka-san and kitchen staff for preparing since December. To recognize his hard work and dedication, we like to present him



“Special Recognition Award for Dedication and Commitment for Japanese Community”. We appreciate his commitment and service to our community.



On January 3rd, Shoko Hikage sensei and her mother from Japan, Yoshie sensei, visited us to celebrate the new year. This was Shoko sensei's third visit since October. The performance began with *Hanagasa Ondo* (花笠音頭) which phrase “めでためでたの〜” was suited perfectly for that day. Another folk tune, Donpan Bushi ドンパン節 was so entertaining that Tsuna and Rue joined the dance. Thank you so much, Yoshie-sensei and Shoko-sensei for your performance!





Why does the lion dance eat lettuce?

The Chinese word for "lettuce" 采 sounds almost identical to the meaning of "Good Fortune" or "Prosperity" 財. That is why it's important to "catch the lettuce" when you see it being thrown at you during the Lion Dance. Lion Dance is coming to Kokoro on February 7th. Let's see who will catch the lettuce!



Urgently Looking for Volunteers for:

BOWLING
(Friday at 10 am)
&
SKETCH
(Monday at 3 pm)



Kokoro is owned by KALI and managed

SAN MATEO COUNTY HISTORY MUSEUM

In the heart of downtown Redwood City, the old courthouse now serves as county's history museum. The restored front facade with Corinthian pillars reminiscent of early 1900. The Great Dome is the highlight of this building. Over 70 ft high, it is the largest complete leaded stained glass dome on the west coast. The residents were impressed with the magnificent dome and the exhibits; especially about "Immigrant experience in San Mateo County."



Check Out New Activities & Special Performance in February!

<p>*2/7 (Fri) 12:30 PM</p> <p><i>'Lion Dance' Celebrating the Chinese Lunar New Year</i></p> <p>Bring good luck to Kokoro!</p>	<p>*2/8 (Sat) 4:45 PM</p> <p><i>'Valentine's Day Concert' by Chorale May</i></p> <p>Japanese male chorale group specially sing for Valentine's Day</p>	<p>*2/9 (Sun) 2 PM</p> <p><i>'Piano Recital Featuring the Students of Saori Yamamoto'</i></p> <p>Piano Concert by Saori sensei's students. A reception to be followed</p>
<p>*2/12 (Wed) 10 AM</p> <p><i>JBBP Rosa Parks Elementary School Visit</i></p> <p>4th graders would love to practice their Japanese!</p>	<p>*2/22 (Sat) 1:30 PM</p> <p><i>'Yosakoi Dance' by Ito Yosakoi</i></p> <p>Enjoy this energetic dance style that combines traditional movements with modern music</p>	<p>NEW *2/9 (Tue) 3 PM</p> <p><i>'Let's Sing with Miki'</i></p> <p>Sing along with Miki both Japanese and English songs</p>



Next Bust Trip to:

TAKARA SAKE USA

Wednesday, February 19th, 10 am to 2 pm

Please sign up at the front desk!

Kokoro Updates

Meetings w/ the Directors

- Feb. 4.....Activity
- Feb. 5... Executive Director
- Feb. 6....Food/Housekeeping
- Feb. 16....Marketing
- Feb. 27...Resident Care



- Keiko Akashi 2/6
- Anna Esquivel 2/7
- Shozo Matsuyama 2/10
- Tomoyo Kawakami 2/14
- Liang-Tung Lung 2/16
- Sumi Suda 2/17
- Asako Mayeda 2/24
- Sumako Takeshita 2/27

Contact Us

Mobile Phone Hotline:
415-286-6764
(Direct to Lead Res. Asst.- Anytime)

Main Telephone Number
415-776-8066 or 415-674-4276

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Director of Sales & Marketing
Jimmy Murota-Ext. 11
jmurota@kokoroassistedliving.org

Director of Dining/Housekeeping
Vera Yamamoto-Ext. 13
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Director of Activities
Yukie Kato-Ext. 15
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Director of Resident Care
Sakae Hamilton-Ext. 16
shamilton@kokoroassistedliving.org

Protect yourself from the flu

February was the **peak month for flu activity** in 14 of the last 34 flu seasons, making it the most common month for **peak flu activity**.

~Healthy Habits to Prevent Flu~

- Avoid close contact with people who are sick
- Stay in your room when you are sick
- Cover your mouth and nose with tissue when coughing or sneezing, then throw the tissue in the trash
- Clean your hands- if soap and water are not available, use an alcohol-based hand rub
- Avoid touching your eyes, nose or mouth



CDC recommends these everyday habits to prevent coronavirus infection as well.

~Attention~

Dr. Pinter (podiatrist) is scheduled to come on Wednesday, March 4

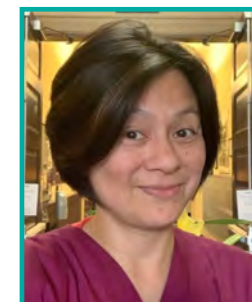


Thank you for participating in our survey!

Your feedback is an invaluable tool for Kokoro's success. Ms. Rue Larsen is the winner of \$50 gift card by responding to the Kokoro September 2019 survey. **Thank you** and **Congratulations, Rue-san!**

Welcome to Kokoro!

Let's welcome our new RAs. Evelyn Lauger, Ronald Du and Susan San Juan. Resident Assistants are vital part of the Kokoro employee team. We are so fortunate to have such experienced and compassionate RA with us! Evelyn and Susan normally work the PM shift and Ron works the NOC shift.



Evelyn Lauger



Ronald Du



Susan San Juan